



Bioenergetic Analysis

6 day self experiential workshop
in Crete, Greece



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Dates:

9th - 16th September 2017
19th - 26th May 2018
6th - 13th October 2018

Location: Seminar-Center MetaCom,
Anidri, Paleochora | www.meta-com.de

Working times:

Sunday - Friday; 9.30 am - 1 pm and 4.30 pm
- 7.30 pm; on two days only 9.30 am - 1 pm

Price: 999,00 € incl. 7 nights in a double
room, breakfast and dinner

Language: English
and German

Olaf Trapp – Certified Bioenergetic Therapist (CBT)

President of the European Federation for Bioenergetic Analysis (EFBA-P), trained by the North German Institute for B. A. (NIBA) 1994 - 1998, training analyst since 2007, Massage therapist, certified TRE (Trauma Release Exercises) provider, EABP member, influenced by the work of Will Davis, more than 30 years experience in bodywork, working in private practice with an emphasis on early disorders and psychosomatics.



redaktionsbüro u. medienagentur matthias siegk • wehretal
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Member of the
International Institute for
Bioenergetic Analysis
(IIBA)

Anidri | Paleochora

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” Rendezvous with yourself ”

A grounded person is energetically rooted in the deepest layers of one's Self. Awareness of this rooted connection and inflow to the deepest Self, which contains the beautiful essence of the person, enables us to lead a fulfilling life. On the body level we often find ourselves tensed in different kinds of body tissue, which can reflect a conflict between the desire for love and contact and the fear of letting love in.

This workshop will invite secret parts of your Self to be touched again and become visible.

Relational bioenergetic bodywork within a group setting of safety will help us to melt the sense of separation we feel within ourselves and between ourselves and others.

”To love a person means to see him as God intended him to be ”

Fyodor M. Dostoyevsky

This workshop will be limited to a maximum of 12 participants.

We will be meeting between the peaceful village Anidri and Paleochora on the beautiful island of Crete.



WO DAS HERZ
UND DIE SEELE
SICH DIE HAND
GEBEN. DAT IST KRETA

